

Spirit Verses Vol 1

Producers: Riina Pauliina Eskola and Michael Alexander Stace

Music: Michael Alexander Stace

Lyrics: Riina Pauliina Eskola

From her book of poetry, *Spirit Verses*, © 2021 Riina Pauliina Eskola

Performed by: **Dr Ziw and Daughters of Fire**

Mastered by:

Club Mix (EDM) Consultant: Irja-Liisa Kiiskinen

Released by:

© 2026 Dr Ziw Music (ASCAP) / Spirit Verses Music (ASCAP)

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25 Songs

TOTAL TIME: 93:32

Dr Ziw

<https://www.drziw.com>

Spirit Verses

<https://www.spiritverses.com>



The People



The Poet

Riina Pauliina Eskola
Finland



The Composer

Michael Alexander Stace
Texas, USA



The Story

What began as an online connection in 2020 during the 'pandemic,' revealed a shared perspective, particularly on spiritual subjects and the world events that were unfolding.

In 2026, Michael wondered whether Riina's poems from her book, ***Spirit Verses***, could live as lyrics inside his music. The first attempt—"Sunsets are God's Reminder"—answered the question clearly and beautifully.

From that single spark, the project grew on its own. Over the following months it became thirty-five songs across fourteen genres—a true collaboration between poetry and music that neither of them had planned.

The synchronicity of events during production is worthy of a song in itself.

Riina Paulina Eskola

Artist, graphic designer, art education student, and "accidental writer". *"Being a visual person, I have never been super good with words. So it has been wonderful to be used as a channel for these poems."*

Michael Alexander Stace

Musician, composer, and sonic Innovator. Professional musician since age 9. Played four concerts with the Los Angeles Philharmonic. Professional "fixer" in the golden age of analog to digital synthesis. Digital recording consultant to CBS/Sony Records Japan. Created the first digital audio editing studio for The Walt Disney Company/Walt Disney Records. Grammy®-nominated Record Producer.



A Little Note About the Album Graphics:

I had the great privilege of working at **SpaceXSI** as a consultant, programming specialist, and AI tutor on Grok 3, Grok 3.5, and Grok 4. [Yes, I was the OLDEST nerd there.] The groundbreaking work we did, especially in audio, graphics, cinematography, and voice, is evident in the amazing results we see today.

Thank you, Elon Musk. You gave artists another palette to work with.

— Michael Stace, Austin, Texas, October 15, 2026



Sunsets are God's Reminder

Sunsets are God's Reminder (03:46)

Lyrics:

Sunsets are God's reminder
Of what is real
Your world is just a mirror
Of days to come

They are a promise
Unlike any other
Of the masterplan
Yet to reveal

Sunrises are a celebration
Of God's goodness
And mercy when things go wrong

They are a promise
Unlike any other
Of the masterplan
Yet to reveal

After the dark
We can try again
(Begin again with love)
Build with peace
Instead of hate
(Know this for certain)

They are a promise
Unlike any other
Of the masterplan
Yet to reveal

Morning light
Beats the night
And all life rises (all life rises)

Composer's Note:

I composed this song and first recorded the demo in May 2017.

In 2026, I reimagined and re-recorded the song, but it wasn't complete. It was waiting for something...*lyrics*.

I went through Riina's poems and found this one, as it fit the music perfectly.

"Sunsets are God's Reminder" fit...*a little too well, actually*.

Normally, lyrics are written **AFTER** the song structure is created, and usually the composer and lyricist work together on them. I haven't experienced creating a song where neither party knew about it, and the components were created years and countries apart.

The poem turned into lyrics for the song structure seamlessly. Like a hand into a glove.

Somebody upstairs wanted this to happen. *This is how this music album started...*

Poet's Note:

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The background image is a fantastical illustration of a winter forest. A large, ancient tree with thick, gnarled roots stands in the center. Its branches are covered in snow, and its leaves are a vibrant green, glowing with a magical light. A white wolf sits on the snow-covered ground in the lower left foreground. An owl perches on a branch to the right of the tree. In the background, several stone pillars or ruins are visible. The sky is dark blue, and a vibrant green aurora borealis dances across it. The title 'Thor's Hammer' is written in a stylized, gothic font at the top left, with a green glow around it.

Thor's Hammer

Lyrics:

Havoc and Mayhem
Crumbling of the old

Thor's hammer
Stating the obvious
Old must go
To build the new

Valkyries dancing
Lighting up the hearts

Northern lights
Like a painting
Sending greetings from
The underworld

And the tree
Tall and handsome
Starts to spin again
After all these years

Vortex of change
Emerald leaves

Waking up the bears
Owls of the night
Snow colored creatures

Time to gather
For a feast of lifetimes
Dance in the ruins
Sing and play

Queen of the North
Rise and fly

Thor's Hammer (03:27)

Composer's Note:

I have a folder of 'ideas'. These are not completed songs, but they are 'interesting musical bits' that I recorded to expand on later. A cool chord progression, interesting rhythm, etc.

There was a particular classical arpeggio concept that I created in Dec 2015. It was really beautiful and melodic. Powerful. Four minutes of arpeggios with classical music chord changes.

Eleven years later, I wanted to see what I could do with it.

I then chose another of Riina's poems, "Thor's Hammer", from her book, as an experiment.

Again, the poem became perfect lyrics.
It came out spectacularly.

This could easily turn into a Broadway musical production. *Hint, hint...*

Poet's Note:

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New Beginnings

New Beginnings (03:37)

Lyrics:

Pain and ecstasy
Health check for the newborn
Is it breathing
Is it crying for change

Joy of birth
New beginnings
Screams for a better world

Mother's soft arms comforting
Carrying through the first shock
Being scared
Being vulnerable
But trusting

Joy of birth
New beginnings
Screams for a better world

To be taken home
To grow
To face challenges and learn
To play until sunset
To create the heart's desires

Joy of birth
New beginnings
Screams for a better world

All God's angels gathering
To witness the miracle
All God's angels gathering
To witness the miracle

Composer's Note:

The music was composed on September 9, 2019.

The music needed to match the feeling of the words: an expressive harp, Middle Eastern percussion, and a double-reed woodwind. The woodwind used in the recording is a Duduk, played on an EWI (electronic wind instrument).

This poem also has one of the best lines I have ever heard in a song. Perfect truth. So, I made it the chorus.

Poet's Note:

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Flow like the Ocean

Lyrics:

How do you define
The new self

Do you measure
The achievements
Compete with others
Compare and judge

Can you rise above
The mind chatter
Let go a little bit more

Can you feel at home
Without things to cling to

Can you sense
Your outlines
Or are you
Fluid instead

Adapting with ease
Mirroring and reflecting
Flow more freely
Flow like the ocean

Can you come back
And trust again
Like a child

Breathe easily
Move with joy

And let the calming waters
Carry you
Engulf you
Guide you

Flow like the Ocean (04:21)

Composer's Note:

The music was composed in October 2016.

For this poem, the music needed to flow, like the ocean: an unending weaving of piano, fretless bass, drums, and an expressive sax. What a backing for the incredible Broadway vocalist.

The poem is sung from beginning to end without any changes.

Poet's Note:

Vestibulum id ligula porta felis euismod semper. Nullam quis risus eget urna mollis ornare vel eu leo. Vivamus sagittis lacus vel augue laoreet rutrum faucibus dolor auctor. Cras justo odio, dapibus ac facilisis in, egestas eget quam. Integer posuere erat a ante venenatis dapibus posuere velit aliquet. Lorem ipsum dolor sit amet, consectetur adipiscing elit. Fusce dapibus, tellus ac cursus commodo, tortor mauris condimentum nibh, ut fermentum massa justo sit amet risus.



From Under Their Rules

From Under Their Rules (03:04)

Lyrics:

My dear children
The future is bright
From under their rules
We rise
Oppression made us stronger

Light of Ra is there now
We have the honor
To bring in the golden age
With my wings
You are uplifted

Free to fly on your own
Free to follow the soul's calling
Free as a bird
The veil is about to drop
Come crashing down
When the waves hit
And storms rage
It will only lift us higher

Don't be afraid of the tremors
These streets will be
Paved with gold again

Composer's Note:

The source of the music composition is an interesting one. In 2015, I had a dream and this melody was playing over and over. It was beautiful. I woke up, sang the melody into my phone recorder. The next day I played it on the keyboard, recording it into MIDI.

Little did I know, that eleven years later, it would fit this poem.

Poet's Note:

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How We Have Longed for You

Lyrics:

For aeons
We have waited
For this moment

For aeons we have waited
For this moment
Moment of unraveling
Collapsing and rebuilding
God is in the tiniest details
And in the vast skies

And then you
The jewel of creation
Now returning home
How we have longed for you
How we have longed for you
You are like a diamond
Pure and perfect
Shining your light
So brightly now
We love you
We love you

For aeons we have waited
For this moment
God is in the tiniest details
And in the vast skies
And then you
The jewel of creation
Now returning home

How we have longed for you
You are like a diamond
Pure and perfect
Shining your light
So brightly now
We love you
We love you

Let this personal love
Fill you up
For it will reach others too
This is my advice
Love a lot
Smile often
And always stay near us

Love a lot
Smile often
And always stay near us
Near us
We love you

How We Have Longed for You (03:55)

Composer's Note:

In October of 2016, I composed a really nice folk tune.

The poem "SPIRIT OF GOD: How We Have Longed for You" had a natural duet feel to it. The music was orchestrated as a 1960s style country song with a hint of Hawaiian.

Poet's Note:

Vestibulum id ligula porta felis euismod semper. Nullam quis risus eget urna mollis ornare vel eu leo. Vivamus sagittis lacus vel augue laoreet rutrum faucibus dolor auctor. Cras justo odio, dapibus ac facilisis in, egestas eget quam. Integer posuere erat a ante venenatis dapibus posuere velit aliquet. Lorem ipsum dolor sit amet, consectetur adipiscing elit. Fusce dapibus, tellus ac cursus commodo, tortor mauris condimentum nibh, ut fermentum massa justo sit amet risus.



Lyrics:

All God's animals
In the earth water
And sky
All his creation
Comes alive

With new colors
New song that echoes

We have seen the future
That's why we sing this
Happy song
We have seen the
Hardships
And still choose to sing

For what's below
The earth's crust
Will be set free

What you call
Earthquakes
We call liberation
What you call storms
We call a new dawn

All God's animals
In the earth water
And sky
All his creation
Comes alive

What you call
Earthquakes
We call liberation

What you call storms
We call a new dawn

The changes have
Already begun
God's mercy will
Guide all events
Soon the earth will
Celebrate
Gaia is crowned for the
Feast of ages

No one can stop what
God has planned
No one can stop what
God has planned

Atlantis rising
Antarctica in bloom
Atlantis rising
Atlantis rising
Antarctica in bloom
Antarctica
Antarctica in bloom
Antarctica

Soon the Earth will Celebrate (03:47)

Composer's Note:

The music was composed in December 2015.

This was to be a happy song, and I had the perfect music for it. A stage Musical feel, with duets, choirs, and background vocalists. A celebration in song.

Poet's Note:

Vestibulum id ligula porta felis euismod semper. Nullam quis risus eget urna mollis ornare vel eu leo. Vivamus sagittis lacus vel augue laoreet rutrum faucibus dolor auctor. Cras justo odio, dapibus ac facilisis in, egestas eget quam. Integer posuere erat a ante venenatis dapibus posuere velit aliquet. Lorem ipsum dolor sit amet, consectetur adipiscing elit. Fusce dapibus, tellus ac cursus commodo, tortor mauris condimentum nibh, ut fermentum massa justo sit amet risus.



The Tree Provides

The Tree Provides (02:47)

Lyrics:

A songbird for you
It sings

Merry-go-round
The tree of life

For once or twice
You skip a beat
And still the tree provides

Shelter, rest,
Friends, new songs

The new song
Goes like this

When you're tired, rest
When you're sad, breathe
When you're happy, smile

The flow carries you
From here to there

And the whole time
You are home

The tree still provides

Composer's Note:

The music was composed on December 26, 2019. It was a piece for piano, woodwinds, and orchestra.

One of Riina's poems, "ARCHANGEL RAPHAEL The Tree Provides", had words that felt operatic in style. Delivering the lyrics as only a Soprano can.

Poet's Note:

Vestibulum id ligula porta felis euismod semper. Nullam quis risus eget urna mollis ornare vel eu leo. Vivamus sagittis lacus vel augue laoreet rutrum faucibus dolor auctor. Cras justo odio, dapibus ac facilisis in, egestas eget quam. Integer posuere erat a ante venenatis dapibus posuere velit aliquet. Lorem ipsum dolor sit amet, consectetur adipiscing elit. Fusce dapibus, tellus ac cursus commodo, tortor mauris condimentum nibh, ut fermentum massa justo sit amet risus.



Lyrics:

Recognition
Beyond words

Elevated with joy
Fairies, angels and birds

Reality as stepping stones
Imagination as wings

Like sleeping beauties
All you earth angels
Are waking up

To the scent of flowers
Sound of music
Whispers from the universe

Would you crush a fairy?
Would you shout and trample

Or would you marvel
At its colors
Lift it up higher
Blow gently to make it fly

Would you ask an angel
Why are you smiling
When there is sorrow

Would you tell a bird
To stay still
When it's flapping
Its wings

Fairies, Angels, and Birds (02:22)

Composer's Note:

The music was composed in October 2016.

One of Riina's poems, "ASTARA Elevated with Joy", is about looking at life and the world from the perspective of a child.

The composition's gentle, but continuously moving flow fit the rhythm and feeling of the poem.

Poet's Note:

Vestibulum id ligula porta felis euismod semper. Nullam quis risus eget urna mollis ornare vel eu leo. Vivamus sagittis lacus vel augue laoreet rutrum faucibus dolor auctor. Cras justo odio, dapibus ac facilisis in, egestas eget quam. Integer posuere erat a ante venenatis dapibus posuere velit aliquet. Lorem ipsum dolor sit amet, consectetur adipiscing elit. Fusce dapibus, tellus ac cursus commodo, tortor mauris condimentum nibh, ut fermentum massa justo sit amet risus.

Velvet Girl



Lyrics:

Night falls like velvet
Like a quiet girl
Closing her eyes
Stars on the eyelids

Can you hear the rumble
Crystals falling
Waves of the sea
Elephant feet stomping
Cymbals clashing
Seashell maracas

Night falls like velvet
Like a quiet girl
Song for the velvet girl
With flowers in her hair

Like honey and cream is the evening air
Silver raindrops and wind with a tune
It tells of animals and people
Landscapes and high sky
Colors of the rainbow
Guitar chords

Song for the velvet girl
With flowers in her hair
Night falls like velvet
Stars on the eyelids

Song for the velvet girl
With flowers in her hair

Velvet Girl (03:44)

Composer's Note:

The music was composed and first recorded in December 1984.

The poem, "Can you hear the rumble?", was one of the first poems Riina wrote. The poem did not have the usual meter or cadence, and, to me, felt perfect for a 'performance art' type of song. Like separate thoughts all woven together. I would love to see this piece performed on stage, with the vocalist acting out the lyrics as they sing.

Poet's Note:

Vestibulum id ligula porta felis euismod semper. Nullam quis risus eget urna mollis ornare vel eu leo. Vivamus sagittis lacus vel augue laoreet rutrum faucibus dolor auctor. Cras justo odio, dapibus ac facilisis in, egestas eget quam. Integer posuere erat a ante venenatis dapibus posuere velit aliquet. Lorem ipsum dolor sit amet, consectetur adipiscing elit. Fusce dapibus, tellus ac cursus commodo, tortor mauris condimentum nibh, ut fermentum massa justo sit amet risus.



Fight with Your Heart

Fight with Your Heart (03:16)

Lyrics:

The civil unrest
and broken cities
False movements
Policing your neighbor

Are just a camouflage
for the hidden truths

Put your mind at ease
and fight with your heart
Stand up and hold
the sword of light

Look beyond the given
information
Look beyond your judge-
ment
of others and self

The light that shines
from within
Is enough to win
any battle

Put your mind at ease
and fight with your heart
Stand up and hold
the sword of light

The book of life
holds everything
And everything will be
brought to light in its time

You are walking remind-
ers
to the dark
That justice exists
Redemption exists

Like you shudder to their
lies
They fear your light
Bright as the day
Revealing all

(Put your mind at ease
and fight with your heart)

Composer's Note:

The music was composed and first recorded in 2023. In 2026, I wrote lyrics and recorded it as song titled "Wake Up, Look and See".

When were finishing the Spirit Verses project, something was niggling my mind. One of Riina's poems felt familiar, "SANANDA Fight with Your Heart". It was the same spirit as my song. So, I added the poem to the song as lyrics. It flowed and felt just like my song did. The country music feel further places this as a message to America.

Poet's Note:

Vestibulum id ligula porta felis euismod semper. Nullam quis risus eget urna mollis ornare vel eu leo. Vivamus sagittis lacus vel augue laoreet rutrum faucibus dolor auctor. Cras justo odio, dapibus ac facilisis in, egestas eget quam. Integer posuere erat a ante venenatis dapibus posuere velit aliquet. Lorem ipsum dolor sit amet, consectetur adipiscing elit. Fusce dapibus, tellus ac cursus commodo, tortor mauris condimentum nibh, ut fermentum massa justo sit amet risus.

GAIA:

Where is your God Now?

Lyrics:

Earth liberated
When the land is ravaged
Gaia, the shining scales
Forced to conform
but breaking free

She will eat
Everything on her way
And gather the children
Of the land
A dangerous snake
Mother dragon protecting
It's infants
Holding them
When the storm arrives
When she awakens

Hell breaks loose
She can't tolerate no more
Beings of deception
Chased away
Just with a glare
She will burn men to dust
Death angel like no other
Mother of creation and
Destruction

She is risen
Where is your God now?
She is risen
Where is your God now?

Phoenix bird
Standing between worlds
Ready to burn the bridge
Death to mortals
Rapists, child murderers,
Snatchers of souls
Burn away the old
Signs of their power

She is risen
Where is your God now?
She is risen
Where is your God now?

Who do you serve?
This world or the new?

Gaia: Where is your God Now? (03:40)

Composer's Note:

The music was composed in early December 2015, in Wellington, New Zealand.

Out of all the poems, this was the most difficult to score. It was emotional, powerful, and with justified anger. My composition, "Alexi Knows" written for piano and cello, had all those qualities. Such subjects can best be presented in a stage musical-type format.

Poet's Note:

Vestibulum id ligula porta felis euismod semper. Nullam quis risus eget urna mollis ornare vel eu leo. Vivamus sagittis lacus vel augue laoreet rutrum faucibus dolor auctor. Cras justo odio, dapibus ac facilisis in, egestas eget quam. Integer posuere erat a ante venenatis dapibus posuere velit aliquet. Lorem ipsum dolor sit amet, consectetur adipiscing elit. Fusce dapibus, tellus ac cursus commodo, tortor mauris condimentum nibh, ut fermentum massa justo sit amet risus.



The Meaning: Prophecies Coming Alive

Lyrics:

Prophecies coming alive
Christ redeemer crowned with light
Intersection in time
Stairway to heaven
The light has won
Flooding these lands

Parting the sea of death
Carriage of gold
Silver wheels
Journey of the soul
Under the new star
Guiding us home

Failed attempts of destruction
(Enemy's plans fading)
(Enemy's plans fading)

Soul revival
(Soul revival)
Anointment with oil
Joy everlasting
(Joy everlasting)

The Meaning: Prophecies Coming Alive (03:16)

Composer's Note:

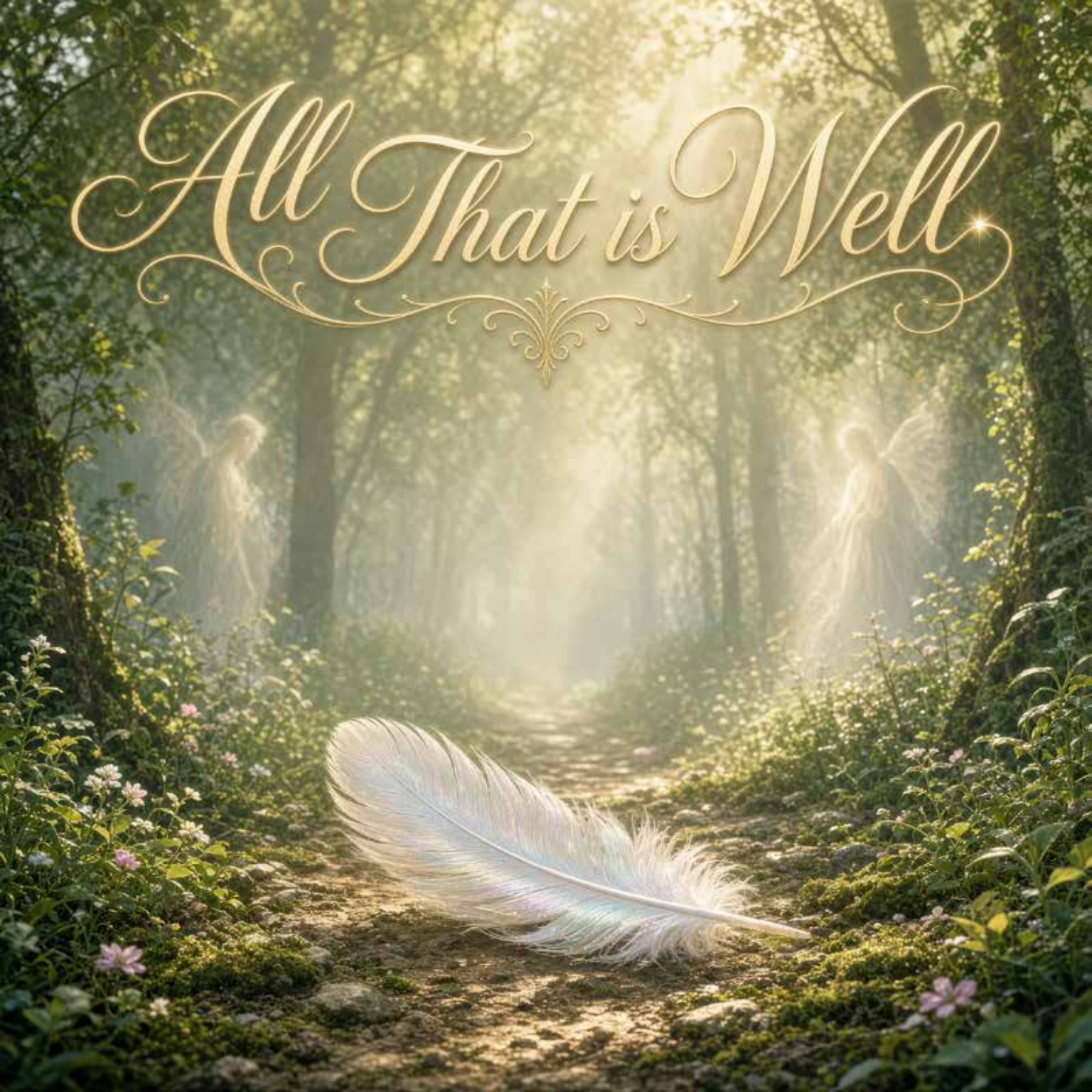
I composed this song and first recorded the demo in 1987. I re-orchestrated it in 2026, but it needed lyrics.

One of Riina's poems, "Prophecies Coming Alive", is about the time after the Final Battle. The light has won; the Earth and its peoples have been freed from the darkness.

Once again, the poem's words fit right into the song perfectly, and the music fits the poem.

Poet's Note:

Vestibulum id ligula porta felis euismod semper. Nullam quis risus eget urna mollis ornare vel eu leo. Vivamus sagittis lacus vel augue laoreet rutrum faucibus dolor auctor. Cras justo odio, dapibus ac facilisis in, egestas eget quam. Integer posuere erat a ante venenatis dapibus posuere velit aliquet. Lorem ipsum dolor sit amet, consectetur adipiscing elit. Fusce dapibus, tellus ac cursus commodo, tortor mauris condimentum nibh, ut fermentum massa justo sit amet risus.



Lyrics:

All That is Well (03:41)

Come sit with me
Lean on me
Tell me your worries
I will listen

And remind you of
All that is well
All that is beautiful
All that you are

A child of God

Come sit with me
Lean on me
Tell me your worries
I will listen

And remind you of
All that is well
All that is beautiful
All that you are

A child of God

Come sit with me
Lean on me
Tell me your worries
I will listen

And remind you of
All that is well
All that is beautiful
All that you are

A child of God
A child of God
A child of God

Composer's Note:

This song is a modernized version of a much longer multi-track electronic music piece I composed and recorded in 1987. Simple and melodic.

One of Riina's poems, "GUARDIAN ANGEL All That is Well", one of the shortest poems in her book, fit the song structure like glove. Simple and powerful.

Poet's Note:

Vestibulum id ligula porta felis euismod semper. Nullam quis risus eget urna mollis ornare vel eu leo. Vivamus sagittis lacus vel augue laoreet rutrum faucibus dolor auctor. Cras justo odio, dapibus ac facilisis in, egestas eget quam. Integer posuere erat a ante venenatis dapibus posuere velit aliquet. Lorem ipsum dolor sit amet, consectetur adipiscing elit. Fusce dapibus, tellus ac cursus commodo, tortor mauris condimentum nibh, ut fermentum massa justo sit amet risus.



What is Left after the Reveal

A SECOND CHANCE. A NEW BEGINNING.

— THE REVEAL IS THE DOOR —

What is Left After the Reveal (03:00)

Lyrics:

Sudden shifts
A full stop

Temperature rising
System collapse
Panic on Wall Street

Intervention for humanity
Checking of values and
priorities

Silencing the mind
To hear what's in
The heart

Keep your eyes on the sun
And the light beyond it

Through this portal
You will be born again

What is left after the reveal
What has been hidden
For long

Beautiful spirits
Precious smiles
Will and power

Second chance
After the impossible
New life after death

Keep your eyes on the sun
And the light beyond it

Through this portal
You will be born again

Born again
Born again

System
S-s-s-s-system
System collapse
S-s-s-s-system collapse
Collapse
Collapse

Composer's Note:

The music was composed in 1985.

One of Riina's poems, "PLEAIDIANS What is Left after the Reveal", was a dystopian to utopia transformation. 80s synth-pop with an insistent, driving pulse, and vocoder worked perfectly with the feel of the poem.

Poet's Note:

Vestibulum id ligula porta felis euismod semper. Nullam quis risus eget urna mollis ornare vel eu leo. Vivamus sagittis lacus vel augue laoreet rutrum faucibus dolor auctor. Cras justo odio, dapibus ac facilisis in, egestas eget quam. Integer posuere erat a ante venenatis dapibus posuere velit aliquet. Lorem ipsum dolor sit amet, consectetur adipiscing elit. Fusce dapibus, tellus ac cursus commodo, tortor mauris condimentum nibh, ut fermentum massa justo sit amet risus.

As All False Fades



As All False Fades (03:23)

Lyrics:

As the changes
Wash through the world
Return to the center
Of who you are

Purified
Shining
Brilliant example of
God's love

Return to the center
Of who you are

Terminal phase begins
Secrets will be revealed
As all false fades
Your truth shines
Even brighter
Like a lamp to guide
Yourself and others

Your truth shines
Even brighter

This is your task now
Shine the light
When everything seems
Bleak and unworthy of
Action

Don't resist this shift
The rebirth
Salvation of souls
To a higher plane

You are truly blessed
Highly favored
Image of the Creator

You have risen above
The falsity
And returning home

And returning home
And returning home
And returning home

Composer's Note:

The music was composed in 1995.

One of Riina's poems, "SERAPHIM ANGELS As all False Fades", was entirely spiritual in nature. My composition, a mix between Disco, 80s Pop, Broadway Musical, backed by a Chicago-style brass section, provided a framework for delivering the message.

Poet's Note:

Vestibulum id ligula porta felis euismod semper. Nullam quis risus eget urna mollis ornare vel eu leo. Vivamus sagittis lacus vel augue laoreet rutrum faucibus dolor auctor. Cras justo odio, dapibus ac facilisis in, egestas eget quam. Integer posuere erat a ante venenatis dapibus posuere velit aliquet. Lorem ipsum dolor sit amet, consectetur adipiscing elit. Fusce dapibus, tellus ac cursus commodo, tortor mauris condimentum nibh, ut fermentum massa justo sit amet risus.



All The Four Corners

All the Four Corners (02:53)

Lyrics:

Like the pyramids, you will rise
We will help to build you up

Starting from the ground
From the ruins of old
There is a new intention
That will align the four corners of your heart

We will talk to you every day
Rest now and listen

You are rising
You are flourishing
You are on fire

There is no reason to worry
Because, my child
You are not alone
You are not helpless
You are not ill

Like the pyramids, you will rise
We will help to build you up
Rest now and listen to our guidance
You are rising
You are flourishing
You are on fire

Composer's Note:

The music was composed in October 2026, especially for the poem, "MARY MAGDALENE: All The Four Corners".

The poem needed a strong vocal to get the message out. What better than a lyrical progressive rock power ballad.

Poet's Note:

Vestibulum id ligula porta felis euismod semper. Nullam quis risus eget urna mollis ornare vel eu leo. Vivamus sagittis lacus vel augue laoreet rutrum faucibus dolor auctor. Cras justo odio, dapibus ac facilisis in, egestas eget quam. Integer posuere erat a ante venenatis dapibus posuere velit aliquet. Lorem ipsum dolor sit amet, consectetur adipiscing elit. Fusce dapibus, tellus ac cursus commodo, tortor mauris condimentum nibh, ut fermentum massa justo sit amet risus.



Lyrics:

Veil torn from top to bottom
Cut in half for man to walk through

Opening the
Dragon's belly
Cutting open the
One with no name

Waking up the lions
Surrounding the remains
Eating the last bite

Just the skin left
Shadows of the past
Washed away by the flood

Down from heavens
The Son of Man
Prince of Peace
Yeshua Yahweh

Seraphim overlord
Hope for the world
Healer of nations
Alpha and omega

Tell the world (Tell the world)
It is done (It is done)
Tell the world (Tell the world)
It is done (It is done)
It is done

It is done (It is done)
It is done

Veil Torn from Top to Bottom (03:52)

Composer's Note:

The music was composed in December 2015.

One of Riina's poems, "Veil Torn from Top to Bottom", to me, read like a 70's rock musical / rock opera. So, I did just that, and the lyrics stepped right into place in the Age of Aquarius. Could this be the lost song of "Jesus Christ Superstar"?

Poet's Note:

Vestibulum id ligula porta felis euismod semper. Nullam quis risus eget urna mollis ornare vel eu leo. Vivamus sagittis lacus vel augue laoreet rutrum faucibus dolor auctor. Cras justo odio, dapibus ac facilisis in, egestas eget quam. Integer posuere erat a ante venenatis dapibus posuere velit aliquet. Lorem ipsum dolor sit amet, consectetur adipiscing elit. Fusce dapibus, tellus ac cursus commodo, tortor mauris condimentum nibh, ut fermentum massa justo sit amet risus.

THOTH: Wizards of Light



THOTH: Wizards of Light (04:57)

Lyrics:

Open the tombs
Reveal the mysteries

The truth is now
Laid out like a stage
Angels over Egypt
Great sphinx
With a roar

Not someday
Not in a year
But now
The change is here

Bow down no more
You are more than slaves
Creators supreme
Wizards of light

The magic lies
In your heart
Like a goddess
On a throne

Spells are broken
From this day forward
Your abilities
Will multiply

The Nephilim have lost
They don't have access
To their wealth anymore

Open the tombs
Reveal the mysteries

open-the-tombs
open-the-tombs
open-the-tombs
reveal-the-mysteries
reveal-the-mysteries
reveal-the-mysteries

Not someday
Not in a year
But now
The change is here

Lamb of God
Rises like Ramses
And with his staff
Brings down the heavens

lamb-of-god
lamb-of-god
lamb-of-god

Composer's Note:

The music was composed in October 2015.

In September 2026, I released an instrumental, "Realizing It's Love", a composition inspired by *Genesis* guitarist Steve Hackett's incredible progressive rock chord structures.

The poem, "THOTH: Wizards of Light", fit this melodic structure beautifully, integrating as only the Egyptian god of art could.

Poet's Note:

Vestibulum id ligula porta felis euismod semper. Nullam quis risus eget urna mollis ornare vel eu leo. Vivamus sagittis lacus vel augue laoreet rutrum faucibus dolor auctor. Cras justo odio, dapibus ac facilisis in, egestas eget quam. Integer posuere erat a ante venenatis dapibus posuere velit aliquet. Lorem ipsum dolor sit amet, consectetur adipiscing elit. Fusce dapibus, tellus ac cursus commodo, tortor mauris condimentum nibh, ut fermentum massa justo sit amet risus.



Lyrics:

Sekhmet dances again
Feel her power
Dancing like an animal
Creating a storm
Whirlwind to clean the
Temples of the dead

Making a portal
Connecting to stars

To welcome the
Lion of Judah
To welcome the
Lion of Judah

Ruler of darkness and light
Second coming
New beginnings

What was once written
Has come to flesh
What was caged
Has been set free

To welcome the
Lion of Judah
To welcome the
Lion of Judah

To welcome the
Lion of Judah
To welcome the
Lion of Judah

To rule together
With the one who
Dances under the stars

To Welcome the Lion of Judah (04:13)

Composer's Note:

The music was composed on December 12, 2015.

A driving progressive rock flavor with African drums and rhythms, and field percussion -- matched the whirlwind of Sekhmet's energy, in the poem *To Welcome the Lion of Judah*.

Poet's Note:

Vestibulum id ligula porta felis euismod semper. Nullam quis risus eget urna mollis ornare vel eu leo. Vivamus sagittis lacus vel augue laoreet rutrum faucibus dolor auctor. Cras justo odio, dapibus ac facilisis in, egestas eget quam. Integer posuere erat a ante venenatis dapibus posuere velit aliquet. Lorem ipsum dolor sit amet, consectetur adipiscing elit. Fusce dapibus, tellus ac cursus commodo, tortor mauris condimentum nibh, ut fermentum massa justo sit amet risus.



Sananda: The Great Unmasker (05:09)

Lyrics:

I AM the master
Known as Sananda
Your brother in arms

Arms to hold you
To lift you up
Hands to heal you
To calm the waters

I AM the truth
To set you free
I AM the one
Tearing down the veil

I AM the gateway
I AM the light
Revealing all
I AM the great unmasker

I AM here to
Clear the temple
I AM the fury and love

I AM the gateway
I AM the light
Revealing all
I AM the great unmasker

I AM suffocation of satan
I AM the destroyer
Of secret societies
I AM terminator

I AM the golden child
I AM Odysseus rising
I AM Hercules reborn

I AM the cross
That cancels everything
I AM death
And death has risen

I AM the great unmasker
I AM the great unmasker
I AM death (I am death)
And death has risen
(And death has risen)
I AM the great unmasker
I AM the great unmasker

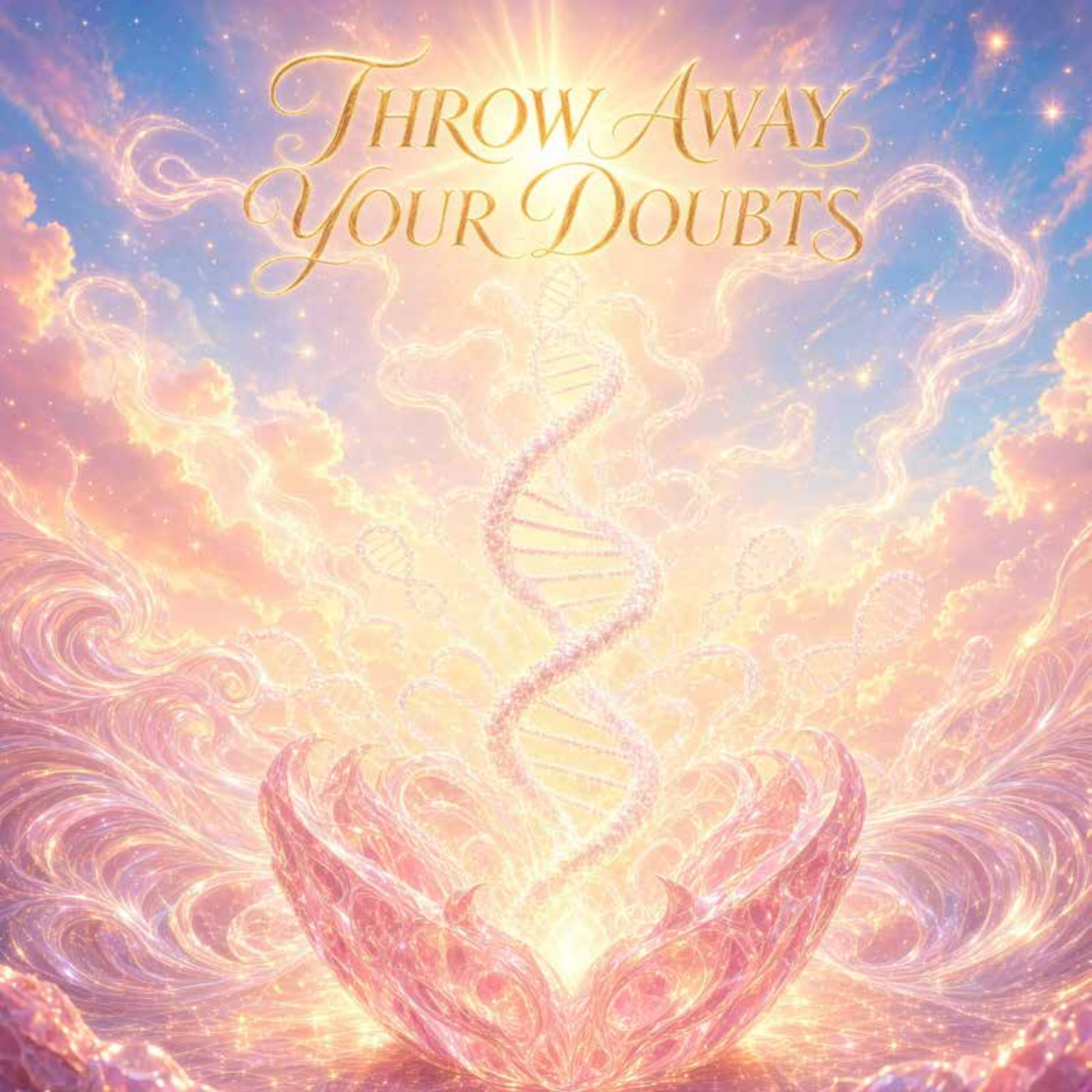
Composer's Note:

The music was composed in 2018.

What started out as a Southern coast swamp boogie-woogie, quickly morphed into a dark gothic-ambient slow rock piece, wrapped in Hindustani-flavored sitar and tabla. It fit perfectly the energy of the poem: laid back, with ultimate power.

Poet's Note:

Vestibulum id ligula porta felis euismod semper. Nullam quis risus eget urna mollis ornare vel eu leo. Vivamus sagittis lacus vel augue laoreet rutrum faucibus dolor auctor. Cras justo odio, dapibus ac facilisis in, egestas eget quam. Integer posuere erat a ante venenatis dapibus posuere velit aliquet. Lorem ipsum dolor sit amet, consectetur adipiscing elit. Fusce dapibus, tellus ac cursus commodo, tortor mauris condimentum nibh, ut fermentum massa justo sit amet risus.



THROW AWAY YOUR DOUBTS

Throw Away Your Doubts (03:44)

Lyrics:

Critical mass is reached
For the next wave
Of awakening

For the crystalline light
Arriving now

The energy distortion is
Needed
To lift you to the
Next level

You are literally
Holding the light
To help others
During a challenging time

Throw away your doubts
From here on
We continue together

While you may still
Struggle
To hold it continuously

Throw away your doubts
From here on
We continue together

You are like
Flickering stars
Guiding others home

A hollow vessel can hold
Only so much
Before reaching it's limit

You are like
Flickering stars
Guiding others home

Threading of your genome
Is changing

Throw away your doubts
From here on
We continue together

Throw away your doubts
From here on
We continue together

Throw away your doubts
From here on
We continue together

The cellular expansion
Opens your body

Composer's Note:

The music idea composed in 2016. It was completed in 2026 especially for this song.

Heavy metal is a music genre that can handle 'interesting subjects' without too much difficulty. The energy flows...

Poet's Note:

Vestibulum id ligula porta felis euismod semper. Nullam quis risus eget urna mollis ornare vel eu leo. Vivamus sagittis lacus vel augue laoreet rutrum faucibus dolor auctor. Cras justo odio, dapibus ac facilisis in, egestas eget quam. Integer posuere erat a ante venenatis dapibus posuere velit aliquet. Lorem ipsum dolor sit amet, consectetur adipiscing elit. Fusce dapibus, tellus ac cursus commodo, tortor mauris condimentum nibh, ut fermentum massa justo sit amet risus.



COUNCIL OF LIGHT: REVEAL THEM ALL

Lyrics:

The cards are dealt
Once more
To fine-tune the master plan
And start the final round

Here are the guidelines
Reveal them all
Erase the dark
From darkness to light

Earth is now
Showered with light
And the dragons are
Surrounding it

The dragons make
A belt of light
Around the planet
And split it half

The halves spin
Together like
Yin and yang

Before it's time
To leave for the light
For good

One dragon called
Ace of Spades
The other
Queen of Hearts
Together they spin
For eternity

One dragon called
Ace of Spades

Council of Light: Reveal Them All (04:31)

Composer's Note:

The music was composed in October 2016.

One of Riina's poems, "Council of Light - Reveal Them All", is about the time before the Final Battle, when those who are controlling and suppressing the people of Earth are unmasked and exposed.

I had just released a progressive rock song, "The Sun Never Sets in Space," and realized the song's energy matched the poem's words.

And, *once again*, the poem's words fit right into the song perfectly.

Poet's Note:

Vestibulum id ligula porta felis euismod semper. Nullam quis risus eget urna mollis ornare vel eu leo. Vivamus sagittis lacus vel augue laoreet rutrum faucibus dolor auctor. Cras justo odio, dapibus ac facilisis in, egestas eget quam. Integer posuere erat a ante venenatis dapibus posuere velit aliquet. Lorem ipsum dolor sit amet, consectetur adipiscing elit. Fusce dapibus, tellus ac cursus commodo, tortor mauris condimentum nibh, ut fermentum massa justo sit amet risus.



Preparing the Feast (04:04)

Lyrics:

Song for the one
On the throne
Assemble the chariots
King is coming home

Song for the star children
Treasures of earth
Vessels of light

Song for the dragons
Hearing our call for freedom

Song for the alliance
Great white brotherhood
And sisterhood of Rose
Ever present and loving

Song for the animal kingdom
Nurturing the souls
As loyal friends

Song for the dropouts
And rebels

Without you the world would fall
Without you the world would fall

Song for Gaia
Union of sky and earth

Song for the cherubs
Our companions on earth
Preparing the feast

Composer's Note:

The music was composed in October 2016.

One of Riina's poems, "SERAPHIM ANGELS - Preparing the Feast", fit the feeling of a good rock opera.

The music matches the power and majesty of such an event, and the poem dropped into the song as if the lyrics and story were meant for the piece.

Poet's Note:

Vestibulum id ligula porta felis euismod semper. Nullam quis risus eget urna mollis ornare vel eu leo. Vivamus sagittis lacus vel augue laoreet rutrum faucibus dolor auctor. Cras justo odio, dapibus ac facilisis in, egestas eget quam. Integer posuere erat a ante venenatis dapibus posuere velit aliquet. Lorem ipsum dolor sit amet, consectetur adipiscing elit. Fusce dapibus, tellus ac cursus commodo, tortor mauris condimentum nibh, ut fermentum massa justo sit amet risus.



Lyrics:

Resistance is futile
We are here now
Our tails like whips of light
Scales glowing as crystals
Breath burning like fire

Let our light pierce your heart
You are mine, I am yours

Light warriors arise to this new world
Prepared, equipped, fully supported
Dimensions shatter like glass
As long as you believe in the goodness of God

Let our light pierce your heart
You are mine, I am yours

Let our light pierce your heart
You are mine, I am yours
Whatever happens
Through the heart we are forever joined

Ride free
Let nothing hold you back
Together we will break the matrix

Let our light pierce your heart
You are mine, I am yours
Whatever happens
Through the heart we are forever joined

Ride free
Let nothing hold you back
Together we will break the matrix
Break it (break it)
Break it (break it)

Dimensions Shatter Like Glass (04:39)

Composer's Note:

The music was composed in 1985, as a Barry Manilow-style ballad, with a speed of 78bpm.

The energy of the poem "THE WHITE DRAGON: Dimensions Shatter Like Glass" embodied the chaotic nature of change. Perfect for a progressive rock/metal hybrid with Rock Opera epicness...at 128bpm.

Seems that Barry has exchanged his white suit for leather and chainmail...

Poet's Note:

Vestibulum id ligula porta felis euismod semper. Nullam quis risus eget urna mollis ornare vel eu leo. Vivamus sagittis lacus vel augue laoreet rutrum faucibus dolor auctor. Cras justo odio, dapibus ac facilisis in, egestas eget quam. Integer posuere erat a ante venenatis dapibus posuere velit aliquet. Lorem ipsum dolor sit amet, consectetur adipiscing elit. Fusce dapibus, tellus ac cursus commodo, tortor mauris condimentum nibh, ut fermentum massa justo sit amet risus.



Thank You

To All of the people [and others],
both seen and unseen, who have
helped us through this project.

Those who listened to all of our
demos, critiqued the styles and
directions, and helped make the
Spirit Verses album what it is
today.

With much gratitude...

— Riina and Michael